**LOCAL DISHES AND FOOD TRADITIONS**

Food traditions in Como offer local products, both from the lake and the interior. Comosans commonly eat fish, especially from Lake Como. Typical dishes include polenta, risotto, and fresh pasta. Local cheeses, such asComo cheese, and cured meats are also popular. White wine, especially from the lake area, is enjoyed with many dishes.

**RELAX AND SPORTS OUTSIDE**

Como and its territory offer many possibilities to spend some time in nature and enjoy the outdoors. The Como lake offers opportunities for water sports, such as boating, kayaking, and water-skiing. The lakeshore offers possibilities for hiking, cycling, and running. The Como Lake offers opportunities for water sports, such as boating, kayaking, and water-skiing. The lakeshore offers possibilities for hiking, cycling, and running. The Como Lake offers opportunities for water sports, such as boating, kayaking, and water-skiing. The lakeshore offers possibilities for hiking, cycling, and running. The Como Lake offers opportunities for water sports, such as boating, kayaking, and water-skiing. The lakeshore offers possibilities for hiking, cycling, and running. The Como Lake offers opportunities for water sports, such as boating, kayaking, and water-skiing. The lakeshore offers possibilities for hiking, cycling, and running.